



**MEMORANDUM CIRCULAR No. 20**  
Series of 2026

**TO : THE SENIOR DEPUTY ADMINISTRATOR, DEPUTY ADMINISTRATORS, DEPARTMENT / REGIONAL / PROJECT MANAGERS, DIVISION MANAGERS, AND ALL OTHERS CONCERNED**

**SUBJECT : DECLARATION OF THE THIRD WEDNESDAY OF JUNE OF EVERY YEAR AS THE NATIONAL PULMONARY REHABILITATION DAY**

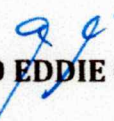
Office of the President Proclamation No. 1104 dated 4 December 2025, declares the third Wednesday of June of every year as the National Pulmonary Rehabilitation Day.

The Proclamation seeks to promote greater public awareness and appreciation of pulmonary rehabilitation as an effective and evidence-based intervention for managing chronic respiratory diseases, particularly those associated with smoking and vaping. It emphasizes pulmonary rehabilitation as a comprehensive program involving exercise training, patient education, and behavioral support to improve physical and emotional health, minimize hospital admissions, and elevate quality of life for affected individuals.

The Department of Health (DOH) is designated to lead, coordinate, and supervise the annual observance of National Pulmonary Rehabilitation Day. This includes identifying and implementing suitable programs, activities, and projects. National government agencies, local government units, government-owned and -controlled corporations, state universities and colleges, non-government organizations, and the private sector are encouraged to provide support and assistance to the DOH, where possible in promoting pulmonary rehabilitation through collaborative efforts.

The Presidential Communications Office will handle public information campaigns to encourage broader participation. This observance aligns with the established No Smoking Month in June, reinforcing efforts to raise awareness about the harmful effects of cigarette smoking and vaping on respiratory health.

For information and guidance.

  
**ENGR. EDUARDO EDDIE G. GUILLEN**  
Administrator

Date: 25 FEB 2026





**ENGR. EDUARDO EDDIE G. GUILLEN**

*Administrator*

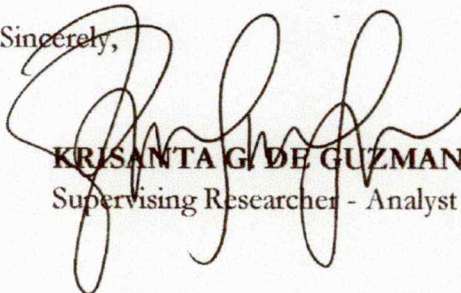
This Agency

**RE: TRANSMITTAL OF THE GCG NOTICE TO GOCCs REGARDING PROCLAMATION ORDER NO. 1104 DATED DECEMBER 04, 2025, ISSUED BY THE OFFICE OF THE PRESIDENT.**

Dear Administrator Guillen,

The undersigned respectfully transmits herewith a copy of the Notice from the Governance Commission for Government Owned or Controlled Corporations (GCG) regarding Proclamation Order No. 1104 dated December 04, 2025, which was issued by the Office of the President, with the subject "*Declaring the Third Wednesday of June of Every Year as the National Pulmonary Rehabilitation Day*", for your information.

For questions or concerns, please contact us at 8929-6071 local 108 or email us at [board.secretary@nia.gov.ph](mailto:board.secretary@nia.gov.ph) and [bod@nia.gov.ph](mailto:bod@nia.gov.ph). Thank you.

Sincerely,  
  
**KRISANTA G. DE GUZMAN**  
Supervising Researcher - Analyst

cc: Office of the Senior Deputy Administrator  
Office of the Deputy Administrator for Administrative and Finance  
Office of the Deputy Administrator for Engineering and Operations





Office of the President of the Philippines  
**GOVERNANCE COMMISSION**  
 FOR GOVERNMENT OWNED OR CONTROLLED CORPORATIONS  
 3/F, BDO Towers Paseo, 8741 Paseo De Roxas, Makati City, Philippines 1226



**NOTICE TO GOCCs**

**SUBJECT : PROCLAMATION NO. 1104 DATED 04 DECEMBER 2025 ISSUED BY THE OFFICE OF THE PRESIDENT**

**DATE : 16 DECEMBER 2025**

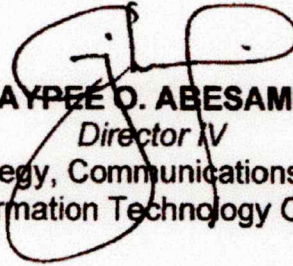
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The GCG transmits a copy of **PROCLAMATION No. 1104** dated 04 December 2025, issued by the Office of the President, with the subject **“DECLARING THE THIRD WEDNESDAY OF JUNE OF EVERY YEAR AS THE ‘NATIONAL PULMONARY REHABILITATION DAY’.”**

The GCG enjoins all GOCCs to adhere to the Proclamation and applicable laws, rules, and regulations.

**FOR INFORMATION AND GUIDANCE.**

For the Commission:



**JAYPEE O. ABESAMIS**  
*Director IV*  
 Strategy, Communications, and  
 Information Technology Office





MALACAÑAN PALACE  
MANILA

**BY THE PRESIDENT OF THE PHILIPPINES**

**PROCLAMATION NO. 1104**

**DECLARING THE THIRD WEDNESDAY OF JUNE OF EVERY YEAR  
AS THE "NATIONAL PULMONARY REHABILITATION DAY"**

**WHEREAS**, Section 15, Article II of the Constitution provides that the State shall protect and promote the right to health of the people and instill health consciousness among them;

**WHEREAS**, Section 30 of Republic Act No. 11223 or the "Universal Health Care Act" mandates the Department of Health (DOH) to strengthen national efforts in providing a comprehensive and coordinated approach to health development on scaling up health promotion and preventive care;

**WHEREAS**, Proclamation No. 183 (s. 1993) declares the month of June of every year as "No Smoking Month" as part of the awareness campaign on the ill-effects of cigarette smoking and to join the World Health Organization in the annual celebration of "World No Tobacco Day";

**WHEREAS**, pulmonary rehabilitation is a comprehensive intervention combining exercise training, education, and behavioral modification, and has been internationally recognized as a standard of care that improves physical and psychological well-being, reduces hospitalizations, and enhances the quality of life of patients with chronic respiratory diseases (CRDs);

**WHEREAS**, the DOH emphasizes the need to raise public knowledge and appreciation of pulmonary rehabilitation as a well-established and effective standard of care for CRDs, particularly those linked to smoking and vaping, to promote prevention, treatment, and rehabilitation efforts, and to reinforce the government's anti-smoking and anti-vaping advocacy given the direct link between smoking and CRDs; and

**WHEREAS**, Section 17, Article VII of the Constitution vests in the President the power of control over all the executive departments, bureaus and offices and the mandate to ensure the faithful execution of laws;

**NOW, THEREFORE, I, FERDINAND R. MARCOS, JR.**, President of the Philippines, by virtue of the powers vested in me by the Constitution and existing laws,

THE PRESIDENT OF THE PHILIPPINES

do hereby declare the third Wednesday of June of every year as the "National Pulmonary Rehabilitation Day."

For this purpose, the DOH shall lead the observance and celebration of the National Pulmonary Rehabilitation Day. The DOH shall also coordinate with relevant non-government organizations (NGOs), such as the Philippine College of Chest Physicians, and the private sector to implement collaborative activities that promote pulmonary rehabilitation in the country.

All agencies and instrumentalities of the National Government, including government-owned or -controlled corporations and state universities and colleges, are hereby directed, and all local government units, NGOs, and the private sector, are hereby encouraged to actively participate and render the necessary support and assistance to DOH for the effective implementation of this Proclamation.

Further, the Presidential Communications Office is also directed to implement effective measures to inform and encourage the public to support the programs, activities, and projects for the celebration of the National Pulmonary Rehabilitation Day.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the seal of the Republic of the Philippines to be affixed.

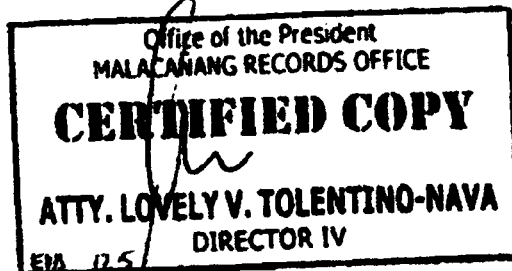
**DONE**, in the City of Manila, this 4th day of December, in the year of Our Lord, Two Thousand and Twenty-Five.



By the President:



**RALPH S. RECTO**  
Acting Executive Secretary



Office of the President  
MALACANANG RECORDS OFFICE  
**CERTIFIED COPY**  
ATTY. LOVELY V. TOLENTINO-NAVA  
DIRECTOR IV  
EIA 125

